

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

1-5-17

CLOSED

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fresh breaded fish
mashed potatoes, or roast
potatoes, gravy, carrots
cookie, yoghurt, or fruit.

chicken curry+rice, or
chicken wrap,
mashed potatoes, gravy,
peas, carrots, mashed
potatoes.
muffin, yoghurt, or fruit

steak burger or stuffed
bacon roll,
chips or potatoes, gravy or
curry sauce, baked beans,
mixed veg, salad, cheese

Jelly tub, or fruit

Week Two

8-5-17

braised steak or pizza,
mashed potatoes, gravy,
mixed vegetables.
muffin, yoghurt, or fruit

chicken nuggets or
chicken wrap,
peas, sweetcorn, gravy or
curry sauce, salad, cheese,
chips or potatoes.

roast beef or salmon,
carrots+parsnip,
cabbage,gravy,
mashed potatoes roast
potatoes.

chicken+pasta bake or
stuffed bacon roll,
carrots, broccoli, gravy,
mashed potatoes.
jelly tub, yoghurt, fruit
salad.

chicken crumble or fish
fingers or plain chicken,
carrots+parsnips, gravy,
mashed potatoes or rice.
fruit smoothie or fruit,
yoghurt.

Week Three

15-5-17

chicken stir fry or steak
burger+bap,
chips or
potatoes,sweetcorn, salad
gravy, curry sauce.

chicken pasta bake or fish
fingers, or plain chicken.
broccoli, carrots, gravy,
mashed potatoes.
jelly tub or fruit,yoghurt.

roast turkey,stuffing,gravy
mashed potatoes or herb
diced, sweetcorn, carrots.
shortbread, fruit, yoghurt.

cottage pie or pizza,
mashed potatoes, peas,
baked beans, gravy.
cookie or fruit,yoghurt

vegetable soup or chicken
soup,
hot-dog, or sandwiches,
onions.
fruit smoothie or melon

Week Four

22-5-17

chicken crumble or pizza
mashed potatoes, peas,
sweetcorn, gravy,
flakemeal biscuit ,fruit,
yoghurt.

lasagne or
chicken nuggets,
chips or potatoes, gravy,
curry sauce,salad,
sweetcorn
ice-cream tub, fruit

roast beef,
broccoli, carrots, gravy,
roast or mashed potatoes
artic roll, fruit, yoghurt,

chicken curry+rice or
chicken wraps,
peas+sweetcorn, gravy,
mashed potatoes.
cookie, fruit, yoghurt.

CLOSED

School
food
try something new today
www.schoolfoodni.com

Bread, Fresh Fruit,
Yoghurt, Milk and Water
are available daily.

If you require any
additional information
on allergens or special
diets please contact the
school in the first
instance.

