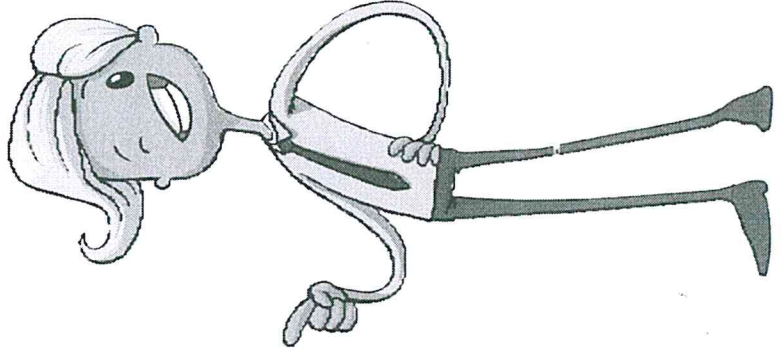


School food

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or special diets please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 4-1-18	CLOSED	CLOSED	CLOSED	Pizza or fish fingers mixed vegetables, chips or rice,gravy mousse,yoghurt,or melon wedge.	Grilled sausages or cottage pie with Selection of Salads or Baked Beans potatoes. fresh fruit, oatmeal biscuit.
Week Two 8-1-18	Grilled Bacon with Stuffing, Gravy or Brown Beef Stew Carrots, Mashed Potatoes . Vanilla cookie or fruit	Chicken stir fry with curry sauce or chicken nuggets, Chips or pasta, baked beans, salad. Fruit smoothie or grapes.	Roast pork, apple sauce, Stuffing, gravy, broccoli, Corn, roast +mashed Potatoes. Muffin, yoghurt,fruit.	Lasagne & Crusty Bread or Fish fingers Carrots, Gravy Mashed Potatoes. Oatmeal biscuit,yoghurt fruit.	Peppered Chicken with Rice or Roast Chicken, Stuffing Gravy, Mixed Vegetables, Mashed Potatoes . Artic roll,yoghurt,fresh fruit.
Week Three 15-1-18	Chicken Curry & Rice with Naan Bread or salmon Baked Beans or Peas Mashed potatoes . Shortbread biscuit,fruit.	spaghetti Bolognese , or pizza/pepperoni pizza Mixed Vegetables, Mashed Potatoes. Frozen mousse,yoghurt,fresh fruit.	Roast turkey, Stuffing, gravy,carrots+ Parsnips,roast or mashed potatoes. Rice krispy bun, yoghurt,grapes.	Irish stew or chicken wraps ,salad,sweetcorn, Herb diced potatoes or baby boiled. Jelly tub,yoghurt,fruit.	Roast chicken or Steak Burger, Gravy, Carrots Mashed Potatoes. Chocolate cookie, yoghurt,or melon.
Week Four 22-1-18	Steak pieces in mushroom sauce & Noodles or Oven Baked Sausages Sweet-Corn, Gravy Mashed Potatoes. Ice-cream tub,fresh fruit	Chicken Fried Rice or Fish Fingers, Gravy Mixed Vegetables Mashed Potatoes Or Pasta. Oatmeal biscuit,yoghurt,fruit.	Roast beef, gravy, carrots Brussel sprouts, roast or mashed potatoes. Vanilla cookie,yoghurt,fresh fruit.	Chinese chicken drum or Pizza Selection of Salads or Baked Beans, Chips or Baked Potato . Jelly tub or melon.	Lasagne or steak burger , Cabbage, turnip,gravy, Mashed potatoes. Swiss-roll,yoghurt,fruit.
Week Five 29-1-18	Korma Chicken & Rice with Naan Bread or pizza Baked Beans or Peas Baked or Mashed Potatoes . Chocolate cookie,fruit.	Fish fingers or Chicken Pasta Bake Sweetcorn mixed salads Chips or Pasta . Fruit smoothie, yoghurt,fruit.	Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast & Mashed Potatoes . Artic roll or melon.	Cottage Pie or Steak Burger Carrots, Gravy Mashed Potatoes . Shortbread biscuit,yoghurt,fruit.	Pork casserole or Grilled Bacon Turnip, peas,gravy, Mashed Potatoes. Muffin,yoghurt,fruit.